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Level of burnout in nursing care professionals working in tertiary care centre

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Introduction: Burnout syndrome can be defined by physical and psychological emotional exhaustion, depersonalization and a low sense of personal accomplishment. Nursing Care Profession in Tertiary Care Centre has been widely acknowledged. The work carried out by these Nursing Care Professionals has been phenomenal. In Nursing Care Professionals Career burnout has turned into a common phenomenon in recent times. The basic reason is that every profession is susceptible to exhaustion and mental strain and facing psychosocial issues.

Aim and objective: This study aim is to assess the burnout in Nursing Care Professionals in Tertiary Care Centre.

Method: This study is carried out at the PGIMER, Chandigarh. The study will be a cross sectional, hospital based and the sample will be selected through purposive sampling technique. The sample will consist of 90 Nursing Care Professionals those who are working in Tertiary care centre. Sample will be selected as per the inclusion and exclusion criterion of the study. Written informed consent will be taken from the samples of either group before starting data collection. The socio-demographic sheet and Copenhagen Burnout Inventory will be applied on the selected sample.

Result & Conclusion: The results of the study will be discussed at the time of presentation.

Biography

Bringing to the table a rich and diverse experience of three decades ranging from working at the grass roots as a medical officer in a primary health centre in the state of Jammu & Kashmir to being a nodal officer in the national program on organ donation in a tertiary hospital, Vipin Koushal is currently placed as Professor in the Department of Hospital Administration in Post Graduate Institute of Medical Education & Research, Chandigarh, India. In his present capacity, Koushal's responsibilities include hospital purchase & procurement, management of private grants & poor patient cell, administration of intensive care unit and effective functionality, which enlist him as a 'go to person' of the teams managing any crisis in PGIMER. Leading from the front, Koushal's contribution speaks volumes as PGIMER was awarded 'Kayakalpa Award 2015' and later 'Cleanest Hospital in India' award for 2016, which were received by Koushal from worthy Prime Minister of India. Alongside, as Nodal Officer of Regional Organ & Tissue Transplant Organization under the aegis of Ministry of Health & Family Welfare, Govt. of India, he has played a pivotal role in promoting cadaver organ donation, an indicator to this effect is that PGIMER was awarded for its contribution towards the cause by Ministry of Health & Family Welfare, Govt. of India for the year 2016-17 and 2017-18 consecutively. Prior, Koushal had a four year stint as Medical Superintendent with Govt. Medical College & Hospital, Sector 32, Chandigarh where he made a mark with his robust reforms and effective hospital administration. Having many scientific papers published in national and international journals to his credit, Koushal has also contributed many chapters in various books on hospital management. An alumnus of Govt. Medical College, Jammu (J & K), Koushal obtained his master's degree in Hospital Administration from All India Institute of Medical Sciences, New Delhi. Presently, he lives in Chandigarh and has been very actively engaged in reaching out the poor and needy in his local community.

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