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Assessing the knowledge and practice of school health program among primary school teachers in selected primary schools in Ile-Ife, Osun State, Nigeria

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Statement of the Problem: Promotion of healthy living among primary school pupils help to eradicate diseases and other related illness in the grassroots. This is made possible by the knowledge of the teachers in inculcating health awareness among these pupils. With recent increase in the school enrolment, health promotion and maintenance with school-based program is a cost effective way to improve the health of the school community and the society at large if the aim and objective of primary health care must be realized. The purpose of this study is to access the level of knowledge and practice of school health program among primary school teachers in selected primary schools in Ile-Ife, Osun State, Nigeria.

Methodology & Theoretical Orientation: A descriptive design methods was adopted for this study, to select 130 primary school teachers across 20 primary schools using a convenient Sampling technique, while Florence Nightangale's environment theory was used to analyze how the environment can affect the pupils, staff and society at large toward disease prevention and control.

Results: The study found significant difference ($P>0.05$) between level of education and knowledge of school teachers towards school Health service and also, significant difference ($P>0.05$) between years of experience and practice of the school teachers towards school health service.

In Conclusion: Level of education and years of experience of teachers are contributory factors that affect the awareness of health services in primary schools. Therefore, school health services must be made compulsory as a subject in the primary schools to improve the healthy living of the society.

Biography

Thompson A. Anthony is currently a student at SDA School of Nursing, Nigeria. He is an enthusiastic learner who have major interest in Patient Care, Primary Health Care and Nursing Education.

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