

## **COMPLEMENTARY AND ALTERNATIVE MEDICINE & THERAPIES**

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## A morphogenic study of our energetic and anatomical origins to understand interdependence and energy exchange

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morphogenic study of our energetic and anatomical origins to understand imbalance and The Need for Interdependence through energy exchange: Morphogenetic characteristics of the human body are strong indicators of energetic imbalance as causes of pain, instability and disease. The formation of structures and their cells often begin to show these energetic imbalances early in development, as the loss of homeostasis and energetic exchange with their internal and external environments. In morphogenesis, body structures go through a process of growth. Indicators of energetic imbalance can appear as patterns of excess or deficiency in the physical structures, as well as disturbances in mental and emotional ease. Environmental factors increase in stress and receptor site sensitivity. I will provide collected data as an opportunity to further understand and recognize energetic imbalance, commonalities and avenues of expression between cellular tissues and their structures. Communication is the basis for interdependence between body structures, other life forms and environmental forces. I will also discuss chronic miasms as manifestations of energetic imbalance with ways to enhance the probability of their healing. A short life is wrought with imbalances in homeostasis. Ill-health shows up as symptoms of toxicity, resulting from poisoning of internal and external environments-physical, mental and emotional-as well as from injury, the lack of familiar connection and a lax or stressful lifestyle. A clear, energetic exchange between all body structures plays a role in maintaining homeostasis for longevity with less pain and disease.

## Biography

Baerta Graff is a board-certified naturopath, has a PhD and doctorate in natural medicine. She has 30 years of experience as a licensed massage therapist and bodyworker to include her coursework: The Graff method, an all-systems energy medicine, lymphedema specialist, labor/birth doula and wellness educator. She promotes life extension, wellness and relaxation—for a healthy mind-body-spirit-emotional connection. She has taught and presented at venues in Arizona, Nevada, Georgia and the Carolinas; Clemson University, Southern Wesleyan University, American Naturopathic Medical Association, National Dowsers Association and People Unlimited, Inc. She is currently writing, *The Graff Method: Complementary Medicine Manual for the Careprovider*.

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