

## **COMPLEMENTARY AND ALTERNATIVE MEDICINE & THERAPIES**

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## A2 milk may hold secrets of contrast medicine for immune booster

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ilk has fully accepted as an essential and extraordinary complementary importance. There are two types of milk. A1 milk which is produce by jersey and there is an Indian version desi cow which has hump on his back that cow is source of A2 milk. The hump in vedic cow has a specific vein called surva ketu nadi, which is absent in non-Vedic cows. This nadi (vein) absorbs all the energies and radiation from sun, moon, and all luminaries from universe and puts them in cow products like milk, urine, dung, ghee (clarified butter). Indian cow has unique surya ketu vein on interaction with solar rays produces gold salt in her blood. Desi Cow is the only divine living being that has a Surya Ketu Nadi (vein connected to sun) passing through her backbone. It has believed to that this nadi absorbs the medicinal essence from the sun. They possess dewlap (prominent specific fold of skin hanging below neck). This dewlap gives immunity power to cow and cow products. Each ingredient produces remarkable benefits to the health of all living beings and immunity booster. Surva ketu nadi vedic cow can be find in mi[;[;]k 6 types of vitamins, 8 types of protein, 25 types of minerals, 21 types of amino acids, 4 types of basic phosphorus, 2 types of glucose, cerebrosides, strontyne, MDGI, carotene with golden abstracts. Surketunadi of vedic cow regerent indian hump cow with sebam gland, so absorb the sun rays. So cow milk is yellow in colour. A2 milk of indian humped cows is more beneficial as it has micronutrients like cytokine and minerals which enhance the immune system A2 beta casein protein. Most of the Desi cows produce A2 milk while other cows give A1 give. This milk is considered nutritious, rich in alpha-2 casein proteins which is useful for healthy living and immune booster

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