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Addiction and PTSD for long term recovery

Trauma and addiction is rarely entirely understood or treated appropriately. It is incredibly difficult to treat persistent addiction without understanding the depth of a person's social, emotional and medical issues. This requires much follow up to ensure all diagnostic doctors' appointments are completed to fully treat all medical needs. During which time we must go deep into the person's individual, family, and community social/emotional history. We can then uncover the truth behind the addiction and effectively treat issues for true recovery. This also needs to be done in-home or in-community to ensure the person recovers in their daily living environment or create a new and improved daily living environment for effective long term recovery. This training will go in-depth into the flaws of common treatments and how to build rapport and to provide services to substantially increase success rates.

Biography

David Shrank, Founder and CEO of Empowerment Behavioral Therapeutic Services, is a licensed therapist, social worker, and Chair of The National Trauma Education and Policy Board. He is an expert in trauma of all types including bullying, veterans, gangs, addiction, and sexual assault and provides counseling and training to children, adults, families, and professionals. He is also a gang violence expert and has worked with the youth of Philadelphia, PA, and Trenton, NJ as well as the adults and correctional population of Trenton, NJ, Baltimore, MD, and Washington D.C. He has been teaching martial arts since 2003 and has been an instructor at various martial arts academies. He has provided security to multiple establishments and organizations. He founded Greater Trenton Behavioral Healthcare's self-defense program, and trained all staff at the agency.

While growing up in school and most social environments, he suffered severe and constant verbal and physical bullying. Through intense self-discovery, he has transformed himself into a highly confident individual who has been able to help many others psychologically. He also stutters and has addressed stuttering from a psychological perspective to reduce anxiety and increase self-esteem. In relation to bullying, veterans, diplomats, and drug and alcohol issues, he is currently writing a book to better understand the issues to change and improve the mental health system for all those involved. He has been cited and published by Greg Wright (National Director of Social Relations for the National Association of Social Work) in Socialworkersspeak.org online magazine. He has also been an expert witness for court cases and has been on several radio shows as an expert in various aspects of mental health.

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