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## Anthropometric prediction of insulin-like growth factor-I and its binding protein-1 among Egyptian Infants of Diabetic mothers

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**Background & Objectives:** Diabetes is recognized as a particular threat to pregnant women and their neonates. Maternal concentrations of insulin-like growth factor-I (IGF-I) and its binding protein-1 (IGFBP-1) have influence on fetal growth.

**Objective:** To estimate the association between the anthropometric measurements; which evaluate intrauterine fetal growth; and biochemical growth factors; IGF-I and IGFBP-1 among IDMs, in attempt to predict them.

**Conclusion:** Good control of diabetes during pregnancy is essential to improve fetal growth. There is an opposing effect of cord blood IGF-I and IGFBP-1 on anthropometric measurements. IGF-I and IGFBP-1 could be predicted from anthropometry.

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