Bichectomy: Clinical case report in a 28-year-old woman with heavy face complaints

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B ichectomy or facial lipectomy is a surgical procedure that consists of removal of the adipose body from the cheek or formerly known as Bichat's adipose ball. This technique presents several aesthetic-functional indications that aim to provide a better facial harmony, and consequent physical and psychological well-being of the patient. The adipose body of the cheek is a structure formed by a spherical mass of encapsulated fat located below the buccinator muscle, bilaterally, which has a mechanical function and facilitates movement between the muscles during sucking and chewing movements. The amount of this fatty tissue can vary, with this, people who tend to have a more rounded face have a larger amount compared to those with a thinner face. The bichectomy technique is considered a minor oral surgery procedure, performed through intrabuccal access and local anesthesia, and can be performed or indicated by any dentist with specific professional training in the area. In view of the increase in cases with indication of performing this surgical procedure in the dental office, this study aims to report aspects related to the surgical technique, including indications, benefits, risks and complications, through clinical cases, comparing pre and post- Late postoperative period of the patients submitted, in which the aesthetic and functional improvement can be observed clearly. It is concluded that the bichectomy technique presents itself as one more option of the dental surgeon, however, due to its peculiarities, it is indispensable that the professional has a broad anatomical knowledge and technical training to avoid complications that can be Irreversible.

Biography

Rafael Evaristo is Dentist Surgeon in Oral Maxillofacial Surgery and Traumatology at São Leopoldo Mandic Dental Research Center. He is graduated (dentistry) from the Federal University of Goiás followed by Master degree from the Department Oral Maxillofacial Surgery and Traumatology at São Leopoldo Mandic Dental Research Center. He is Specialist in Implantology. He is an Active Member of Brazilian College of Oral Maxillofacial Surgery and Brazilian Academy of Esthetic Dentistry – ABOE. He is Professor of Esthetic and Functional Facial Harmonization.

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