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Biochemical and molecular activities of Candida albicans treated with medicinal plants

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This study aimed to compare the antimicrobial activity of *Phoenix dactylifera and Ziziphus spina-christi* ethanol extracts in terms of their biochemical and molecular effects on *Candida albicans*. These effects were evaluated regarding intracellular sterols, permeability of the cell membranes, and morphological characteristics determined by scanning electron microscopy (SEM). Energy-dispersive X-ray spectroscopy (EDAX) analyses were also conducted in addition to assessment of the changes in *TEF1: QRTTEF1, CaERG1: ERG1, CdERG12: CdERG1,* and *ERG25: ERG25* genes. The results showed that sterols increased by 1.096% and 0.588% with treatment by *P. dactylifera and Z. spina-christi*, respectively, compared to the untreated cells. The ethanol extracts were effective on *C. albicans* permeability by reducing the cell membranes permeability. The SEM and EDAX analyses showed cell cavities and shrinkage of the cell wall. In addition, the quantity of cells was decreased to a few abnormal cells compared to the untreated cells. Yttrium was detected in the cells treated with *Z. spina-christi*, and high levels of osmium were detected in the cells treated with P. dactylifera and Z. spina-christi, explicitly, and ERG25F genes after treatment with *P. dactylifera* and *Z. spina-christi*, spina-christi were highly significant ($p \le 0.01$), and we concluded that ethanol extracts of P. dactylifera and Z. spina-christi have an antimicrobial effect on several targets in yeast cells.

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