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## Burnout levels and individual and organizational performances in Italian nurses

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**B**urnout syndrome negatively affects the individual's social, physical and psychological life and it might be associated with overthrowing ethics, impaired work realization, work absence, inappropriate communication with patients and a large number of job variations. The aim of the present study was to assess how burnout syndrome influenced both individual and organizational nursing performance according to sex and work experience. An on-line questionnaire explored demographic characteristics such as sex, age and years of work experience; burnout levels among participants; and individual and organizational nursing work performance. Significant differences between burnout sub-dimensions and items belonging to the Nursing Individual Work Performance Questionnaire (p.05) and organizational performance (p.05). This study highlighted how both individual and organizational nursing performance were strongly influenced by burnout levels. Therefore, the issue of burnout was important as a research priority and further studies will be desirable to evaluate the uniqueness of the impact of different factors on burnout since the literature

suggested the importance that nurses might become aware of their own sources of exhaustion from their work.

### Recent Publications

1. Triage Systems in Mass Casualty Incidents and Disasters: A Review Study with A Worldwide Approach. Open Access Maced J Med Sci. 2019; 7(3):482-494.
2. Burn-out an "occupational phenomenon". WHO News. 15 June 2021.
3. Prevalence of Burnout among Italian Nurses: a descriptive study. Acta Bio-medica: Atenei Parmensis. 2020 Sep;91(4): 2020117.

### Speaker Biography

Elsa Vitale, PhD, MSN, BSN, RN, is currently a registered nurse at the Health Local Company of Bari, Italy and also a contract professor for the University of Bari, Italy, for the degree courses in Nursing and Nursing and Midwifery Sciences. She had the opportunity to publish and review numerous manuscripts related to holistic nursing, leadership, gerontology, education, orthopedics, immunology and self-care. She is frequently invited to address nurses, encouraging them to follow in Florence Nightingale's footsteps. She publishes the majority of her work in various nursing fields.

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