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## Clinical assessment of whole person healing/holistic healing on a breast cancer patient with recurrence: Case study

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**Introduction:** Whole person healing is an emerging branch in the healthcare setting which is Multidimensional including Physical, structural, nutritional, mental & emotional well-being with environmental and spiritual aspects

**Objectives:** A clinical trial for the assessment of improvement in Carcinoma breast patient with Whole person healing / holistic approach

**Background:** A 75 year female patient with a history of recurrent lump in right breast since 9 months associated with pain. Ultrasound of right breast showed a tumour measuring 25x19x19 mm with right axillary lymph node enlargement (11.1 mm), suggestive of right carcinoma breast with BIRADS 4. Patient was previously treated for the same with mastectomy & chemo radiation 2 years back

**Methodology:** Patient treated with holistic approach by taking care of her life style, nutrition, emotion, mental & spiritual aspects for 6 months. And she was not on any other medication - chemotherapy

**Result:** In due course of holistic healing approach, patient experienced complete pain relief with ultrasound showing no tumour in right breast & no suspicious axillary lymph node activity

**Conclusion:** Holistic healing is one the ideal approaches in treating carcinoma. This method of healing can also be considered for treating carcinomas along with other approaches in future.

### Biography

Vasantha Kumar K R MBBS, DA, MD, DNYS, Fellow in Diabetology has more than 27 years of experience in Anaesthesiology & Pain management. His interest towards Holistic / Whole person Healing made him to start his own Wellness Centre at Mysore, India Practising Holistic, Integrated Therapy since 7 years. His approach towards the degenerative, chronic Immune disorders helped thousands of patients, who were suffering from Cancer, Arthritis, Diabetes, PCOD, Dementia, MS, Parkinson & Alzhiemers diseases.

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