

6th World Congress on

GYNECOLOGY AND OBSTETRICS

June 20-21, 2022 | Paris, France

Received date: 16-04-2022 | Accepted date: 18-04-2022 | Published date: 08-08-2022

Culture clash of female Somali adolescents and sexual and reproductive health services in Oslo, Norway

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Culture clash of female Somali adolescents and sexual and reproductive health services in Oslo, Norway. Fourteen young women aged 16–20 years were recruited using the snowball technique with purposive sampling. In-depth interviews using a semi-structured interview guide were used to collect data, and thematic analysis was applied. Participants perceived sexual and reproductive health as a very private matter and open discussion of SRH was extremely limited owing to certain Somali cultural beliefs and values. As the participants intend to practise chastity before marriage, they believed that existing SRH services were largely irrelevant and inappropriate. Where they felt the need to access SRH services, participants wished to do so in a way they considered culturally appropriate. In conclusion, Somali culture markedly influences individuals' perceptions of SRH services. It is recommended to modify existing SRH services by increasing confidentiality and anonymity in order to take into account the cultural requirements of female Somali adolescents.

Recent Publications

- 1. Testicular Tumour of Adolescent and Adult: An observational study of risk factors, clinical presentation and treatment options in tertiary medical facility in Dhaka. (as co-author)
- Case Studies- "Crush Programme" as part of combined control programme for culex mosquitoes in both North and South Dhaka city Corporation. (As second and corresponding author, BMA Journal, September, 2021)
- 3. Communication in Immigrant Communities Dec 2015 The International Encyclopedia of Interpersonal Communication

Biography

Tamanna Afroz is a Project Research Physician (PRP) at ICDDR,b, Mohakhali, Dhaka. Her research interests include Sexual and reproductive health and rights, Health communication, Epidemiology.

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