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Development of an attitude scale towards sexuality during pregnancy

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Statement of the Problem: This research was methodologically conducted to develop an attitude scale during pregnancy, which will help to assess the sexual attitudes of pregnant women and partner of pregnant women during pregnancy. The practice was carried out in a university hospital pregnancy outpatient unit.

Methodology & Theoretical Orientation The required institutional consent and ethics committee approval were obtained. The sample was consisted of 1035 persons. Data were collected via Attitudes Towards Sexuality in Pregnancy Qualitative Interview Form, Descriptive Information Forms, Attitude Scale Toward Sexuality in Pregnancy Trial Form and Attitude Scale Toward Sexuality in Pregnancy. Data analyzes were performed with SPSS v.22 and LISREL (v.8.80) programs. In the evaluation of the data, confirmatory and exploratory factor analysis, t-test, one-way ANOVA, Cronbach Alpha internal consistency coefficient and test retest reliability tests were used.

Findings: As a result of the statistical analyzes, 34 items and 3 factor scale describing the 41,24 % of the variance was obtained. Cronbach Alpha coefficients were 0.850 for Anxiety about Sexual Intercourse in Pregnancy; 0,860 for Beliefs and Values for Sexuality in Pregnancy; for 0.815 Recognition Sexuality in Pregnancy and 0.902 for all of the scale. The test–retest reliability coefficient was found 0.869. It was found statistically significant that gender, age, education level, education level of the partner, getting information about sexuality in pregnancy, the amount of information in this subject, regarding sexuality as risky in pregnancy, the sexuality prohibition by the doctor effected the attitude towards sexuality in pregnancy ($p < 0.05$).

Conclusion & Significance: In the direction of these results Attitude Scale Towards Sexuality During Pregnancy was accepted as a valid and reliable tool for assess the sexual attitudes of pregnant women and partner of pregnant women during pregnancy. It is suggested that this scale should be used by nurses and other health professionals who provide services to the pregnant women and that they should be used in different groups to determine their attitudes towards sexuality in pregnancy.

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