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Evaluation of psychosocial perspectives of children with in-depth interviews

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Introduction: Psychosocial problems in children are defined as "significant declination in expected cognitive, social and emotional development". Psychosocial problems can reduce the ability of the child's coping skills, decrease the quality of life, be negatively affect the functions at home, school, and in the community. For this reason, it is important to examine and evaluate the psychosocial problems that children experienced in their daily-life.

Objective: It is aimed to explore the perception of the children about psychosocial problem via in-depth semi-structured interviews.

Methods: In this descriptive study, a qualitative research design was performed. The study sample included 16 students in a secondary school. Interviews were conducted via three open-ended questions. Inductive content analysis was performed to analyze the data.

Results: Three main categories and nine themes emerged from the analysis. Psychological and social themes were in the "Meaning of Psychosocial Health" category. Individual and environmental factors themes were in the "Reasons of Psychosocial Problems" category. Emotional, social, behavioral, physical and mental characteristics themes were in the "Effects of Psychosocial Problems". All students (n=16) stated that the reasons for the psychosocial problems were communication and relationship between friends, family members, and teachers. When the effects of psychosocial problems were examined, anxiety, anger, fear, mood deterioration, withdrawing, shyness, desperation, unhappiness were cited by all students in psychosocial theme.

Conclusion: Meaning, causes and effects of psychosocial problems are multifactorial. For this reason, it is important to determine and evaluate the perceptions and experiences of children about the psychosocial problems to improve the quality of care in children and their families.

Biography

Cigdem Sari completed Nursing Bachelor program in Firat University, School of Nursing in 2012. She completed Master's degree in Gazi University School of Nursing in 2014 and has started the doctorate program in 2014 and ongoing her research. She became a Research Assistant in Gazi University Health Sciences Faculty since 2012. At the same time, she has been a Lactation Consultant.

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