

# WOMENS HEALTH AND MIDWIFERY

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## Evaluation of social outcome of pregnancy in adolescents (systematic review)

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**Statement of the Problem:** On average, teenage pregnancies account for 11% of all pregnancies worldwide, and 95% of these are in middle- and low-income countries. Pregnancy in adolescents is a public health issue that affects adolescent mothers, children, and ultimately society. In addition, the emotional, psychological, and social needs of adolescent girls can be greater than those of other women. Adolescent pregnancy can increase the risks to infants as well as young mothers.

**Methodology:** The study population included all scientific articles on the social outcome of pregnancy in adolescents. Researcher searches in databases: Web of Science, Scopus, PubMed, ProQuest, in the period 2010-2021. To find related articles, the keywords were selected based on Mesh and Emtree and included Adolescent Pregnancy, Teenage Pregnancies, Teenage Social Problems, and Social Factors and Social out com. First, 630 articles were found, and finally, from the remaining selected articles, 30 articles that were eligible for inclusion in the study were selected.

**Findings:** The results showed that the social outcome of pregnancy in adolescents are divided into 8 categories, which include: 1. Psychological problems 2. Violence 3. Social anxiety 4. Social isolation 5. Economic problems 6. Dropout 7. Addiction and delinquency 8. Poor social support. Discussion: This study showed that social outcome in pregnant adolescents have adverse effects that indicate the importance of sexual partner and family and community to the social needs and reproductive health of adolescents and also need social support for the health status of these adolescents.

**Conclusion & Significance:** This study showed that adolescent pregnancy has different social consequences and also factors such as pre-planned or unintended pregnancy and forced or consensual marriage inside or outside the family may cause different reactions from adolescents. This indicates the need for more attention of the sex partner, family and community to the social needs and reproductive health of adolescents and the need for social support for the health status of these women.

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