

3rd World Congress on
MENTAL HEALTH
&
8th International Conference on
BRAIN DISORDERS AND THERAPEUTICS

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John Giordano

South Beach Detox, Florida, United States

Evidence-based Holistic Modalities to overcome Addictions and Mental Issues

This session demonstrates the integration of the most current evidence-based holistic modalities with the finest of the traditional treatment model. The discussion will feature information about Amino Acid and Nutraceutical use for brain repair, Ibogaine 1- day detoxification, Hyperbaric Oxygen Therapy for brain and tissue repair. The session will also cover the use of, massage, micro biome repair, acupuncture, yoga, vocational/ educational aid, sauna detoxification, colonic therapeutics, karate, exercise, 12- step program participation, and other modalities. The session will be conducted in a lecture format with open questions and answers.

Biography

John Giordano is former owner of G & G Holistic Addiction Treatment center in North Miami Beach, Florida a 62 bed JCAHO accredited inpatient treatment center. He has received the Martin Luther King Award and the Homeless Humanitarian Award and is a Grand master in karate and was inducted into the Black Belt Hall of Fame. He is also the author of the book How to Beat your Addictions and Live a Quality Life and The Kid from The South Bronx who never gave up. He co-authored the book Molecular Neurobiology of Addiction Recovery the 12 Steps Program and Fellowship along with world renowned geneticist Dr. Kenneth Blum and Dr. Mark Gold, professor of Psychiatry and Neuroscience and current chairman of the Department of Psychiatry at the University Of Florida College Of Medicine. He is also a contributor in 76 published medical and scientific journals. He has lectured internationally too over two hundred countries.

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