

COMPLEMENTARY AND ALTERNATIVE MEDICINE & THERAPIES

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Fibromyalgia and chronic fatigue syndrome

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Treating fibromyalgia and chronic fatigue syndrome with complementary medicine in an integrative approach is extremely important. During this workshop, I will explain my theory for the pathogenesis of Fibromyalgia and Chronic Fatigue Syndrome. I will then present an integrative holistic approach to the treatment of these complex conditions using natural means. I will also speak about the multiple symptoms associated with these conditions and the use of complementary Medicine to treat pain, fatigue and insomnia. It is imperative that Medical care specialists use complementary medicine in an integrative approach to supplement the use of medications for fibromyalgia and chronic fatigue syndrome.

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