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# Keynote Forum

## October 08, 2021

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### ***Global Healthcare & Addiction 2021***



Joint Event  
7<sup>th</sup> International Conference on  
**Global Healthcare**  
&  
4<sup>th</sup> International Conference on  
**Addiction Research and Therapy**

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***Nina Müllerová, Vanda Tomášková and  
Lenka Fiedlerová***

*University Hospital in Pilsen, Czech Republic*

**The role of internal quality audit in the prevention of pressure Ulcers**

The quality management policy in the area of pressure ulcer prevention has been set at the University Hospital Pilsen for a long time. Its concept is based on the recommendations of the European Pressure Ulcer Advisory Panel (EPUAP) and the national strategy of the Ministry of Health of the Czech Republic. In this regard, we meet the departmental safety goal at all points - we have established a standard procedure for prevention and treatment of pressure ulcers, a working group of specialized nurses that conducts internal quality audits, analyzes the incidence and prevalence of pressure ulcers, monitors new EPUAP recommendations and puts them into practice. We support the EPUAP world stop day call for pressure ulcers prevention and staff education.

Statement of the problem: In the year 2020, which was strongly affected by the Covid 19 pandemic, we saw two major changes. The first change concerned a lower incidence of pressure ulcers, see table no. 1 and the second locality where pressure ulcers originated - on the face due to the placement of patients in the pronation position.

Methodologie: We used internal audit of quality with defined criteria for verifying whether the originally set system meets the current conditions and retrospective statistic data analysis.

Findings: The assumption that to reduce the number of reported pressure ulcers in HIS (Hospital information systém) due to the extreme workload of nurses has been confirmed. The reporting was also affected by a large number of assisting nurses from other medical fields at Covid + patient wards.

Results: Based on the audit data the following measures are proposed: repeated training of nurses in data entry, introduction of e-learning with a test focused on risk and pressure ulcers, training of positioning in pronation position and the use of preventive aids including silicone multi-layered foam dressing

Table on changes in incidence

2015	2016	2017	2018	2019	2020
2077	2051	1890	2072	1746	1384

**Biography**

As a general nurse specializing in intensive care, Nina Müllerová worked at the University Hospital Pilsen in various job positions - station nurse, head nurse and head of the quality department. She also worked briefly at the Ministry of Health of the Czech Republic as the head of the department of nursing and non-medical professions. She is a longtime member of the Czech Association of Nurses. She lectures at conferences on the topic of nursing or the quality of health care. She is a lecturer in a number of certified courses organized by the University Hospital Pilsen. She participated in solving research projects in the field of continuous improvement of the quality of nursing care, implementation of quality management in the practice of Czech teaching hospitals, support and education of the family in the care of patients over 65 years of age with stroke or training of clinical practice mentors. She was also a co-investigator of a project of the Ministry of Health of the Czech Republic entitled: register of pressure ulcers - unification of monitoring and strategies of preventive interventions at the national level. It is devoted to handling over the information concerning the activities of the European advisory body on pressure ulcers and world stop day to pressure ulcers.

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## **Susan Weiss**

*The National Institute on Drug Abuse (NIDA), USA*

### **Adverse effects of cannabis: State of the science**

Laws around cannabis in many parts of the United States are rapidly changing. This is partly due to shifting attitudes: the public is becoming more supportive of policies that decriminalize or legalize cannabis, because prohibition has not prevented access to the drug and has disproportionately harmed people of color and their communities (among others). There is also a widespread belief that cannabis is safe relative to other substances and may have therapeutic benefits. But cannabis use also has well documented risks—it can be addictive, especially in those who start young; it raises the risk of car crashes; affects cognitive performance; and can precipitate or worsen the course of psychosis in vulnerable individuals; and it negatively affects life achievement and satisfaction. Also, because the endo cannabinoid system (where cannabis acts) plays an important role in brain development, cannabis may pose specific risks for children and adolescents, and babies in utero. But there is still much we don't know about cannabis, including the reversibility or persistence of its effects; the impact of higher potency products [containing high levels of delta-9-tetrahydrocannabinol (THC)], and the potentially beneficial effects of cannabis or cannabinoids for treating pain and other conditions. This presentation will focus on the current state of the science of cannabis to provide a

better understanding of how cannabis works in the brain (and body) to exert its diverse effects, and to identify critical research needs and opportunities, including those stemming from the changing cannabis policies.

#### **Biography**

Susan Weiss is the Director, Division of Extramural Research at the National Institute on Drug Abuse (NIDA), which oversees NIDA's extramural programs, research training, operations planning, and trans-NIH initiatives, such as the Adolescent Brain Cognitive Development (ABCD) study. She is also a senior science advisor to the NIDA Director. Previously, she served as the Chief of the Science Policy Branch and Acting Director of NIDA's Office of Science Policy and Communications, where she provided leadership and oversight for all of NIDA's interactions with its diverse stakeholders.

She has received multiple awards, including NIH Plain Language Awards, NIH and NIDA Director's Awards, the Ziskind-Somerfeld Senior Investigator Award from the Society for Biological Psychiatry, and a Governor's Award, Academy of Television Arts and Sciences (Emmy, 2007), for her contributions to the HBO Addiction Project. She has published nearly 150 scientific articles and book chapters. She graduated from the State University of New York at Stony Brook, and received her Ph.D. in psychology from the University of Maryland.

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## ***John Giordano***

*South Beach Detox, United States*

### **Evidence-based holistic modalities to overcome Addictions and Mental issues**

This workshop demonstrates the integration of the most current evidence-based holistic modalities with the best of the traditional treatment model. Discussion will feature information about Amino Acid and Nutraceutical use for brain repair, Ibogaine 1-day detoxification, Hyperbaric Oxygen Therapy for brain and tissue repair. The session will also cover the utilization of, massage, micro biome repair, acupuncture, yoga, vocational/educational assistance, sauna detoxification, colonic therapies, karate, exercise, 12-step program participation and other modalities. The workshop will be conducted in a lecture format with open question and answer.

#### **Biography**

John Giordano, D.H.L C.A.P., M.A.C., C.C.J.S. is former owner of G & G Holistic Addiction Treatment center in North Miami Beach, Florida a 62 bed JCAHO accredited inpatient treatment center. He has received the Martin Luther King Award and the Homeless Humanitarian Award and is a grand master in karate and was inducted into the Black Belt Hall of Fame. He is also the author of the book 'How to beat your Addictions and live a quality life' and 'The kid from the South Bronx who never gave up'. He co-authored the book 'Molecular Neurobiology of Addiction Recovery the 12 Steps Program and Fellowship' along with world renowned geneticist Kenneth Blum and Mark Gold, professor of psychiatry and neuroscience and current chairman of the department of psychiatry at the University of Florida College of Medicine. He is also a contributor in 76 published medical and scientific journals. He has lectured internationally too over two hundred countries.

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