

2nd Global summit on **Food Science and Nutrition**

October 30, 2021 | Webinar



J. B. Athavale, Sean Clarke

MAV, India

How our diet affects our aura

Background: Studies show that the physical, mental and environmental implications of a vegetarian diet is more health-and-planet-friendly than a meat-based diet. However, along with these known consequences, does diet affect a person spiritually and if so, what are the ramifications?

Methodology: With 40 years of spiritual research experience, the team at the University has studied the process of creation and transfer of subtle energy with food and its spiritual impact on the consumers. This research has been conducted using modern aura-and-subtle-energy scanners along with the advanced sixth sense of its research team.

Key findings: Any type of food item, raw or cooked, emits subtle vibrations. Even the same type of food can emit different vibrations. These are determined by factors such as where the food is sourced from, the manner of preparation, the spiritual level and spiritual state of the cook along with the dominant thoughts and feelings he has while cooking. Once consumed, the subtle vibrations present in food permeate the entire body of the person.

It was found that eating meat had significantly higher levels of negative subtle vibrations as compared to a vegetarian diet. The experiments also showed that those who ate meat rapidly acquired a negative aura that could last for days. In addition, the manner of cutting and cooking vegetables along with the spiritual state of the cook had a significant impact on the food and the consumer.

Discussion: Adverse spiritual effects from eating spiritually impure food such as meat are not immediately apparent. However, they eventually do show up in the long run impacting one at the physical, psychological and spiritual levels. Doctors recommend a balanced diet; however, the ideal diet is that which has the necessary nutrients, enhances the spiritual positivity in a person and reduces negativity.

Biography

J. B. Athavale is the founder of MAV was formerly a renowned clinical hypnotherapist with 25 years of psychological research. Later his pioneering efforts in spiritual research for over 40 years, led Him to author over 300 books on various aspects of spirituality. He is the creator of the personality defect removal process for a happier life and which helps in providing the foundation for rapid spiritual growth.

conferences@spiritual.university