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NATURAL PRODUCTS, CAM THERAPIES, AND TRADITIONAL CHINESE MEDICINE

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Incorporating the "FEEL GOOD" factor, tackling RA (Rheumatoid Arthritis) from its root cause while reducing inflammation, a step by step approach

The medical definition of RA has it that this is an incurable disease. However, with more medical discoveries and improvement in treatment methods, the chances of getting treated become higher. 4 years ago, the author had two RA patients that one got treated with a methodology while the other only got improvement. After the pandemic, the latter one continued the treatment and her rheumatologist stopped the medication and did not need her to be on surgery that was suggested to remedy the situation. The reason is obvious; although the rheumatologist did not mention. Nowadays, people are very concerned with "feel good" factor in a treatment, actually in theory, feeling good in moderation means serotonin and dopamine are in balance. Unfortunately people are distorted in understanding it as the more serotonin, better the feel.

Knowing the trend that serotonin is much loved by people who come to treatment, how should a therapist/medical professional do to include this in RA treatment?

In this presentation, a step by step approach is discussed with different modalities that work together to achieve this while bringing the real improvement in the body. Let's make it clear, feeling good doesn't mean healing well in the whole body. Feeling and actual healing cannot coexist as the saying goes "No pain, No gain".

To conclude, while customer service is becoming more vital than ever in the medical world since the opioid incidence, how far should that go? Who has the actual knowledge and skills to determine what should better be done?.

Recent Publications:

1. Chan F (2021) The Role of Conventional Medicine in a Model of All Natural Protocols in Alzheimer's Healing: What Makes It Inevitable? Drug Des. 10:200

2. Chan F. (2020). Revisiting Rubefacient in Reducing Pain and Inflammation in Rheumatoid Arthritis through Clinical Aromatherapy Perspective — an Exploratory Study. Traditional Medicine 1(1):03.

Biography

Fai Chan started her career as a clinical aromatherapist in 2014. At the beginning, she was very much into incorporated traditional Chinese medicine framework and chemistry with clinical aromatherapy in healing. Actually, that already brought very good results in healing even for neurological issues. The turning point was her treatment of diabetes got breakthrough results with the inclusion of pharmacology in the healing protocol. Her specialties are in Diabetes, RA, (Rheumatoid Arthritis), Neurological issues (Alzheimer's), High Blood Pressure (even with genetic factor). She has publications on RA, Alzheimer's, high blood pressure that are on the high impact list. She has been speaking on tens of research conference so far.

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