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### LUTS – Individual patients pathway, a personal approach

A growing population leads to a growing incidence of LUTS and rising urological consultations.

The following presentation is about our concept for the individual patient pathway concerning LUTS: our BPH toolbox. Following the initial conservative and medical treatment options, nowadays we have a plethora of minimal invasive techniques to treat BPH. This needs careful reflections about the different options and which to offer your patient. We discuss our approach to the individual patient his expectations to therapy and the final decision making with respect to the BPH guidelines.

#### Recent Publications:

1. The global burden of lower urinary tract symptoms suggestive of benign prostatic hyperplasia: A systematic review and meta-analysis Shaun Wen Huey Lee 1, Esther Mei Ching Chan1 & Yin Key Lai Scientific Reports / 7:7984/ DOI:10.1038/s41598-017-06628-8
2. The constant search for the greater good: evolving from TURP to anatomic enucleation of the prostate is a safe bet Fernando Gómez-Sancha World Journal of Urology (2021) 39-2401-2406.

#### Biography

Tobias Bothmann is an accomplished medical professional. He has served as the Head of the Laser Surgical Department at Humboldt-Klinikum, Berlin, since November 2017. He is also a partner at uroberlin, a urologic outpatient clinic, since July 2014. Dr. Bothmann received training from prestigious institutions including Freie Universität Berlin, Beth Israel Medical Center in New York City, Chelsea and Westminster Hospital in London, Inselspital Bern in Switzerland, and Universitätsfrauenklinik der Charité in Berlin.

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