

# 25<sup>th</sup> Euro Dentistry Congress

September 20-21, 2017 Dublin, Ireland

## Minimally invasive endodontics: is it a new fashion or a reliable option?

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Ninja, sumo, keyhole, moushole preparation, non-prep endo, guided endo, truss access, selective retreatment etc. Strange expressions and treatment protocols became popular in recent days in endodontics. What is the rationality behind it? Is it worth to be minimal invasive during endodontic treatments, breaking sometimes the traditional rules? In my presentation focusing on the patient-centric approach, I will give answers to these actual questions. Benefits for the audience: 1. To have a definition about minimally invasive endodontics 2. To get a short review of the current literature, regarding to the this topic 3. To take possession of useful tricks and tips to plan less invasive endodontic treatments, demonstrated with detailed cases, showing high quality pictures and videos.

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