

Webinar on NATURAL PRODUCTS, CAM THERAPIES, AND TRADITIONAL CHINESE MEDICINE

July 04, 2022 | Webinar

Received date: 18-01-2022 | Accepted date: 20-01-2022 | Published date: 08-07-2022

More life in your years, not just years in your life - healthier choices for a vibrant life

Oksana M. Sawiak

Sawiak Integrative Wellness Institute, Canada

In today's society we have "a pill for every ill" and a medical system that treats symptoms, not causes – that knows more and more about less and less by narrow specializations that are divorced from the whole picture of health. Today in many areas we also have given up our freedom of choice. We take dictation from Health Departments, Governments and Advertisements from Pharmaceutical companies. Early treatment is frequently ignored. Prevention is not stressed. Traditional methods are often vilified. We are living longer but with less quality of life as we succumb to Dementia, MS, Alzheimer's, Arthritis. Knowing which dental, pharmaceutical, surgical or orthopedic treatment choices can make a big difference in the quality of life we have.

drsawiak@drsawiak.com