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Promoting and restoring womens vaginal health naturally

When creating a product, we look for a common chronic health problem that doesn't have an efficient pharmacological cure. A frequent problem, not addressed enough, is vaginal infections. Of course, it directly affects only women, and in many patriarchal countries, it is not a theme to discuss openly or publicly. So, it became a secret pandemic health issue.

Most common vaginitis are bacterial vaginosis (40-45%), vaginal candidiasis (20-25%), and trichomoniasis (15-20%). 7-72% women with vaginitis may remain undiagnosed for different reasons, from social to economic reasons. 498 million people aged 15-49 are infected each year with chlamydia, gonorrhea, syphilis, or trichomoniasis.

A synergistic combination of *Helianthus annuus*, *Hypericum perforatum*, *Calendula officinalis*, *Prunus armeniaca* fat oils; and *Melaleuca alternifolia*, *Cymbopogon martinii*, *Cananga odorata*, *Helichrysum italicum*, *Pogostemon patchuli*, *Pelargonium graveolens* and *Matricaria chamomilla* essential oils, used daily, show results in alleviating symptoms and providing clean tests of vaginal flora.

Aromatograms and pharmacological properties of the main ingredients show us the health benefits of the formulation.

Sociological results of restored women's vaginal health shouldn't be underestimated: higher creativity, less depression, better overall health, better sexual life, better motherhood, healthier family. That brings us to a healthy society.

Biography

Mara Doljak studied at the Faculty of Pharmacy and Biochemistry, University of Zagreb. The Faculty of Pharmacy was a combination of serious knowledge and skills within an intricate system of moral values. At that time, the need to offer proper medicine to patients was far stronger than marketing schemes we see today. Between the lines we thus received another dimension of upbringing, relationship towards values, the absence of elitism. I graduated in 1980. During the graduation ceremony I was supposed to read Hippocratic Oath in public, in front of hundred students, in Latin and Croatian. Later, it was the Hippocratic Oath, the moral backbone of healthcare professionals, that became my own basis in further professional life.

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