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Psycho-emotional status of children with Psycho-Speech Delay

Introduction: Psycho-Speech Delay is manifested as a slowdown in cognitive and emotional development. Noticing the lag, many parents begin extensive activities to formation of skills, overloading and making excessive demands on the child. A child's fear of not meeting the parent's criteria leads to psychological dysfunction that exacerbates the cognitive deficit, so the efforts of a well-meaning parent can cause anxiety disorder.

Objective: Evaluation of psycho-emotional status in children with Psycho-Speech Delay.

Methods: The study involved 132 children (58% boys) aged 5 to 11 years (mean age - 7.0 ± 1.64 years) with a diagnosis of Psycho-Speech Delay. The study methods included neuropsychological testing using Wechsler Intelligence Scale for Children (subtests 4, 5, 7, 9 and 12) to confirm the Psycho-Speech Delay. The psycho-emotional sphere was assessed using the anxiety test of R. Temple, M. Dorky, V. Amen.

Results: According to the projective method for children's anxiety assessment "Choose the right face" (by R. Temple, M. Dorky, V. Amen), most patients had a high and medium level of anxiety (33.3% and 40.9%, respectively). Some patients (13.6% of the sample) could not make a choice in favor of one or another answer due to inability to understand socio-dramatic images and lack of emotional intelligence at the stage of understanding emotions.

Conclusions: Majority of children with Psycho-Speech Delay have an increased level of anxiety. When identifying increased anxiety in a child with Psycho-Speech Delay, it would be appropriate to provide psychological and pedagogical management to the family. The work should be aimed not only at reducing child's anxiety and developing adaptive self-regulation skills, but also (and no less importantly) at forming adequate expectations of parents. Emotional reactions inadequate to situation, difficulties with understanding and regulation of emotions are predictors of social maladaptation.

Recent Publications

1. Kaminskaya T.S. et al. (2022) Cognitive «portrait» of children with mental retardation. *Lechaschi Vrach*. 4:19-26. (In Russian).
2. Ksanave E.V. (2022) Somatic Features and Diet Therapy of Children with Delays in Psychospeech Development of the Autism Spectrum. *Doctor.Ru* 21(3):58–65. (in Russian).
3. Trepilets V.M., Bykova O.V., Khachatryan L.G. (2021) Use of the Drug Cogitum in Children with Cerebral Palsy and Speech Disorders. *Nervnye bolezni*. 1:39-44. (in Russian).

Biography

Kaminskaya Tatyana Svyatoslavovna has vast experience in management of children of Psycho-Speech Delay. She specializes in development and implementation of personalized approaches in treatment of cognitive deficit based on its predominant components and utilization of device-based therapies.

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