

## **Psychosocial and emotional effects of HIV/AIDS**

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Much progress has been made in the research and development of vaccines and treatment for HIV/AIDS. Less attention has been given to the importance of social and emotional aspects of having a chronic disease such as AIDS. Based on a programmatic research program in Botswana, this presentation highlights some of the social emotional components of dealing with HIV as perceived by clients and counselors. The presentation is based on a research program that has studied client satisfaction with counseling and counselors' perception of their training, supervision, self-perceived effectiveness, professional identity, and practice and training issues. This was followed that with a study of clients' satisfaction with counseling, interpersonal and intrapersonal aspects of being HIV positive, prevention of mother to child transmission of HIV along with various social components such as stigma and effects of disclosure.

### **Biography**

Rex Stockton has had a long career as a counseling psychologist and counselor educator, and has held a wide variety of academic, administrative, and professional responsibilities. He has directed and/or participated at a senior level in a series of research and development studies designed to investigate various aspects of counseling, with a particular emphasis on group work. Dr. Stockton has provided training and consultation at the state, national, and international level, which has led to his most current interest in the research and training activities of the I-CARE project, which he co-founded. The recipient of several major research and teaching awards for his activities, he has been awarded fellow status in the American Counseling Association and the American Psychological Association. Dr. Stockton has also been president of divisions of each organization, and has held other high-level offices in several organizations.

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