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Psycho-social aspect encountered by health professionals in work environment at primary health care centers in Dammam city

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Background and objective: Psychosocial aspects may affect workers and the quality of care given. It has a negative impact in psychological state of the healthcare providers, such effects causes lack of healthcare quality and enforcing healthcare workers to leave work in primary centers. This study aims to explore the psychosocial aspect encountered by the health professionals as related to their work environment at primary healthcare centers in Dammam City.

Methods: This study adopts a descriptive quantities research methodology cross-sectional and correlative design used. convenient subjects among 300 participants of health professionals.

Results: A group of 300 health professionals were participated in this study. They included doctors, nurses, pharmacist, allied health personal, above half of them were females (54.3%), married (77%), diploma degree (50.7%). Nurses were the highest rate of health professionals (34%). In psychological aspect, the highest mean of employees were affected by their passion with client at work (Highest Mean: 3.78). The work for them was valuable and important (Highest Mean: 4.36). In social aspect, the researcher found that colleagues tend to hear each other and sharing problems concerning their work or life issues with each other more than with managers or supervisors (Highest Mean: 4.11). In relation to the work environmental aspect, the researcher found that the nature of their work situation needs them to complete their work quickly with extra speed (Highest Mean: 4.06). They work more than 8 hours per day (Highest Mean: 3.49), there is no variation in the work performed. The same task repeated daily (Highest Mean: 4.16). They were influenced by the state of their families and friends. They work a lot of time (Highest Mean: 3.91).

Conclusions: The participants of this study mainly female, nurses and married staff members, participants mostly complain work environment which put them in emotional disturbed situation. The Psychosocial aspects sometimes potentiate healthcare providers experiences. They tend to overcome bad situation in their work places. The researcher found that most of the participant seek social support and help which is importance aspects for them to perform their jobs accurately as required. It is obvious that stress experience, pressure and exhaustion in work environment for period of time, will lead to bad services provided by healthcare staff members. The result of the study led us to consider the practice of healthcare professionals in their work environment in Dammam City in KSA. In fact, the adoption process and procedures followed to reach the significant results which enhanced the role of the healthcare staff members.

Key Words: Psychosocial, Aspects, Work environment, Challenges, Emotion, stress, Health professional, Primary health care

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Biography

Abrar had First Honor graduated 2018 Master degree in community nursing at KSU. Worked as lecturer and clinical instructor in Inaya Medical college. Completed Scientific research during the work of the master thesis published in 2021 August. Attended as speaker in the 9th world congress on nursing and health care in Oct 8 2021. Attended as Speaker in Journal club to discuss current women sexual harassment issue in 10 November.2021

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