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Retrospective analysis of non-ablative scar treatment in dark skin types in Namibia using the 1540 nm Palomar icon

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The use of lasers to treat atrophic and hypertrophic scarring conditions in darker skin types presents a significant challenge to treating clinicians around the world. In Namibia an African country in the south-western corner of the continent our current treatment modalities are deep dermal peels; ablative; non-ablative; and fractional laser resurfacing and surgical techniques, but we are limited in skin types IV through VI due to increased risks of hyper- and hypo-pigmentation. This is especially true when attempting to treat large areas of acne scarring. This study investigates the treatment of atrophic and hypertrophic scarring with a non-ablative 1540 nm icon Palomar laser in Namibian patients with traditional markings scarring and traumatic scarring.

Biography

Marisa Venter is an Aesthetic Medical Practitioner with 9 years' experience in the field of Cosmetic Dermatology. She is the highest qualified Aesthetic Doctor in Namibia with a Diploma in Aesthetic Medicine. She holds a MBcHB degree from the University of Stellenbosch.

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