

# World Congress on Complementary and Alternative Medicine

December 02-03, 2019 | Dubai, UAE

## Rise of diabetes and role of homeopathy

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Homeopathy is a natural form of medicine used by over 200 million people worldwide to treat both acute and chronic conditions. Homeopathy forms a holistic approach to health it aids the body's abilities to heal itself by improving the immune system of the body, It is scientific, natural and individualistic approach in the treatments and prescribing.

### Rise of diabetes and role of homeopathy

Latest reports of World Health Organization (WHO) predicts that, diabetes population will increase by 122% in 2025; in developing countries, the number of patients has increased from 84 million to 228 million people which shows a 170% increase. India currently represents 49 percent of the world's diabetes burden, with an estimated 72 million cases in 2017, a figure expected to almost double to 134 million by 2025. This presents a serious public health challenge to a country facing a future of high population growth and a government attempting to provide free health insurance.

### Diabetes -risk factors & homeopathy

Genetics, Lifestyle, Lack of exercise Unhealthy meal choices; Overweight/Obesity: It is more likely that you'll become insulin resistant and can also lead to many other health issues.

Homeopathy Treats the Diabetes cases according to particular causation, lifestyle of patient, if genetic inheritance. Individual case history is taken and symptomatically its tailor made treatment, which is called as Constitutional Similimum.

Every patient with diabetes receives different Homeopathic Constitutional medicines which is able to control sugar levels in much better way after course of treatment.

In house clinical study has shown patient who come directly to Homeopathy gives faster results in stabilising blood sugar levels.

Case-Patient aged 61 years came with Diabetes Type 2 diagnosed since 6 months, with lots of stress, Casuticum 200 (homeopathic medicines given) after 2 months his sugar levels were normal and patient was followed for 11mths and still his levels were normal and got cured of Diabetes.

### Biography

Shalini Israni has her expertise in evaluation and passion in improving the health and wellbeing of patients Practising Classical Homeopathy since 20 yrs. She is regular column writer in Ahmedabad times (Times of India ) newspaper and has been Awarded as Best homeopathic clinic by Times health Icons in 2018. She has expertise in classical analysis of case which gives faster results. As Doctor firmly Believes With Homeopathy, correcting Diet patterns lifestyle and combating stress can cure many Diseases.

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