

Received date: 29-11-2022 | Accepted date: 01-12-2022 | Published date: 08-05-2023

Role of Diabetic Educator in screening prevention and management of Diabetes and the Impact of Staff Nurses on Improving Patient Outcomes

Raghda A Hamid

King Saud Medical City, Saudi Arabia

Background: The Role of the Diabetes Nurse Educator in King Saud Medical City is a new approach to improving the quality of Staff education, the CDE has some specific responsibilities in the evaluation of each Staff Nurses in Particular area, we have a skilled in this teaching-learning process and have a good background and understanding of diabetes, Proper care and good management from nurse's side will reduce the frequency of office visits, and hospitalization.

Objective: The goal of develop the New role of Diabetes Nurse Educator in King Saud Medical City was to determine the effectiveness of education provided by CDEs to our Staff Nurses in particular area

Location/Sitting: King Saud Medical City-Riyadh, Endocrinology Department –Diabetes Division outpatient clinic and In-patient in General Hospital.

Results:in King Saud Medical City the Diabetes Educators developed and implement educational programs for staff Nurses in a variety of settings, including:

- General Nursing orientation program (GNO) for the New Hires
- Unit Continuous Nurse Education (UCNE) in clinical areas
- Hospital Continuous Nurse Education (HCNE)
- Grand rounds and In-service education
- Provide clinical resource and consultation to staff Nurses collaborating with Endocrine team.
- Works collaboratively with other health professionals.

Conclusion: The CDE plays an integral role within the prevention, diagnosis and adequate management of diabetes. The specialist role can increase skills, knowledge and confidence, as well as support and empower the staff nurses who deal with diabetic patient and reduce the chances of developing further health complications, however; the roles and responsibilities of the nursing team relating to diabetes care include: Prevention advice, using behavior change and health coaching techniques, Screening, prevention.

Biography

Ragdah A Hamid has completed her Bachelor's degree in Nursing from The University of Jordan and her Post Graduation Diploma in Diabetes Primary Care from St. Geroge University School of Medicine. She is the Diabetes Nurse Educator in King Saud Medical City, Riyadh.

raghadnazal3@gmail.com