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Successful laparoscopic extraction of trichobezoar due to Rapunzel Syndrome: First reported case in Kuwait

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Rapunzel syndrome is a rare condition typically found in young female patients with mental or psychiatric disorders. It manifests as a large trichobezoar extending beyond the pylorus into the small intestine and leads to various adverse conditions. Early diagnosis and prompt management are crucial to avoiding complications. These bezoars are extracted endoscopically, laparoscopically and via open surgery (most common). In this current report, we discuss a successful laparoscopic extraction of a trichobezoar in a 12-year-old girl with acute abdominal pain due to small bowel obstruction. We describe our technique compared with others' techniques and include a literature review on this topic.

Recent Publications:

Ahmad Essam Al-Mulla, Maznah Al-Mutairi, Fawzia Ashkanani, Mohammed algazar, Mohammed Yousry abdelhamid, et al. (2022) Para-Duodenal Hernia Unusual Presentation of Abdominal Obstruction: A Case Report. *Journal of Surgery & Anesthesia Research*. SRC/JSAR-148. DOI: [doi.org/10.47363/JSAR/2022\(3\)148](https://doi.org/10.47363/JSAR/2022(3)148)

2. Al-Mulla AE, Saleh MY, Zanki M. Chylous ascites associated with internal hernia post-roux-en-Y gastric bypass: A case report. *Obes Res Open J*. 2021; 8(1): 15-17. doi: 10.17140/OROJ-8-146

3. Ahmad E Al-Mulla, Abdulla E Sultan, Ehab S Imam, Raghad A Al-Huzaim, Swirl sign in post-Roux-en-Y gastric bypass patients: a case series, *Journal of Surgical Case Reports*, Volume 2021, Issue 7, July 2021, rjab321, <https://doi.org/10.1093/jscr/rjab321>

Biography

Ahmad E. Al-Mulla is a senior specialist in General and Bariatric surgery. He is associated with the Kuwaiti Board of General Surgery and Fellowship Minimal Invasive and Bariatric and Endoscopy. Currently, he functions in the Department of Surgery Farwaniya Hospital, and London hospital (Kuwait). He has interest in researches involved with general surgery, bariatric and endoscopy.

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