

## MIDWIFERY NURSING AND GYNAECOLOGY

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### The barriers and facilitators to holistic midwifery practices: A qualitative study with midwifery students

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**Statement of the Problem:** A growing number of some transformations in maternity care such as the Medical Revolution have transformed the health care approaches. As a response to the dramatic developments and transformations about the medicalisation of childbirth was affected the structure of childbirth nature as well as midwifery care. The outcome of this period, the holistic paradigm was come into being in the caring professions, especially supportive care given by the midwife. Qualitative research describing the barriers and facilitators to holistic midwifery practices that influence the holistic practices by student midwives is lacking. This study is to explore the experiences of fourth year Bachelor of Midwifery students in Istanbul Medipol University undertaking a final clinical placement within a holistic midwifery practices.

**Methodology & Theoretical Orientation:** This qualitative study using the phenomenological approach, exploring the experiences on the midwifery practices of fourth year Bachelor of Midwifery students who are trained with holistic approach in midwifery education, to describe the barriers and facilitators of holistic approach in midwifery practices were be used face to face semi-structured interviews for collect the data. Data analysis were conducted using Thematic analysis, carried out manually. A purposive sample provided in the dataset is from an interview with eight female final-year student midwives (fourth year) who are trained with holistic approach in midwifery education from one university in Turkey. Findings: Three main themes were identified: 1. Positioning Holistic Approach in the midwifery paradigm, 2. Barriers to holistic midwifery care, 3. Facilitators to holistic midwifery care.

**Conclusion & Significance:** Consistently, student midwives' accounts revealed examples of how the midwifery practices with holistic approach shaped and to describe the barriers and facilitators of holistic approach in midwifery practices. Specifically, these influences were argued that created the positioning holistic approach in the midwifery paradigm. Although international researchers support to these arguments, this study is the first known qualitative research to explore the experiences of midwifery students within a holistic midwifery practices in Turkey.

### Biography

Filiz Okumus has her expertise in holistic health approaches for women's health. She provides holistic midwifery training for midwives and midwifery students. Okumus's holistic midwifery model creates new pathways for improving maternal care in Turkey. She has built this model after years of experience in research, evaluation, teaching and administration both in hospital and educational institutions. Okumus's holistic midwifery model is based on the spiritual power of the Anatolian lands and the traditional midwifery approach. This methodology is responsive to mysticism of Mevlana Celaledin-i Rumi and has a scientific way of focusing.

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