

NATURAL PRODUCTS, CAM THERAPIES, AND TRADITIONAL CHINESE MEDICINE

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The Ellen Cutler Method (ECM)

Ellen Cutler has always been fascinated by the body's ability to heal itself. Over her many years as a health care practitioner, she created and continues to develop her own approach to energy-based healing, called the Ellen Cutler Method (ECM). It is based on well-known models including traditional Chinese medicine (TCM), applied kinesiology, and quantum mechanics. ECM identifies and then addresses energetic disharmonies that are related to specific imbalances and sensitivities. To understand how ECM works, it is useful to think of the body from a TCM perspective. The electromagnetic energy of the body manifests as lines of force or meridians. The meridians run near the surface of the body and pass into their respective internal organ system fields. One or meridian access points, aka acupuncture points, can be used to monitor the electrical 'information' of the entire meridian/energetic system. Such examinations can indicate whether the meridians are balanced, stressed, weakened, or blocked. ECM interventions include organ-specific detoxification, nutritional and enzyme therapies, and energetic desensitization. These combined non-invasive techniques rebalance the energetic system and thus offer a powerful means for achieving optimal health and longevity. By using ECM, Cutler has been able to help individuals with a myriad of health challenges that other health care practitioners have been unable to successfully address. Many of her patients report improved health and a greater sense of ease and wellbeing.

Recent Publications:

1. Ellen Cutler (2013) "Clearing the Way to Health and Wellness: Reversing Chronic Conditions by Freeing the Body of Food, Environmental, and Other Sensitivities" 2013 February; iUniverse, Incorporated, ISBN-13: 9781475972443

Biography

Ellen Cutler has practiced as a chiropractor and alternative health care practitioner and teacher for many years. She created and continues to develop her own multimodality system of natural healing. The Ellen Cutler Method (ECM) is based on the latest scientific studies, clinical findings, and patient feedback. The skilled use of ECM has resulted in a near-miraculous turnaround in many of her patients. Ellen is an internationally recognized authority on enzyme-based therapy, individualized nutrition and detoxification, and the identification and clearing of food and other sensitivities. She is an author of numerous books and articles. Her most recent book is "Clearing the Way to Health and Wellness - Reversing Chronic Conditions by Freeing the Body of Food, Environmental, and Other Sensitivities". Ellen has been and continues to be an energetic advocate for the use of complementary/alternative methods of healing.

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