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The implications of face mask wearing for babies and families during the COVID-19 pandemic: A discussion paper

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COVID-19 has changed the way that newborn babies are cared for within the neonatal setting due to the introduction of social distancing and wearing of face masks to limit the spread of the infection. Potential implications exist related to the normal development of attachment, face processing and recognition by the infant and connections with others. This paper discusses the importance of face-to-face interactions in relation to these within the context of developmental theory. Mask wearing can also potentially impact relational communication, requiring us to change our current ways of working. The possible implications of decreasing face-to-face interactions for the infant and relational communication are discussed, along with key recommendations for both parents and health professionals to mitigate the potential long-term effects on development related to human connection and attachment.

Recent Publications

 Green J, Petty J, Staff L, Bromley P, Orr F, et al., 'Developing nursing knowledge on COVID-19 in children and adolescents: An integrative review', Pediatric Nursing, 47, (4) pp. 163-174. ISSN 0097-9805 (2021).

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