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## The nurse of yesterday and today: The evolution that led to the development of new knowledge

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More and more over the years, that "knowing how to be, knowing how to do, knowing how to become" that many nursing theorists emphasized in their writings become the pivotal point that should distinguish a nurse. This process leads to greater decision-making freedom and greater assumption of responsibility: as Jean-Paul Sartre (French writer and philosopher) said: "It is true that you are not responsible for what you are, but you are responsible for what you do with what you are." This study aims to highlight the evolution that led to the birth of the figure, of a nurse attentive to the juridical profiles of his profession. Legal and forensic nursing is a very recent specialty in Italy compared to other states and its function is aimed at contributing to the identification of health and legal problems both for the people assisted but also for the nurses themselves. The legal forensic nurse in Italy still has a long way to go, especially due to the fact that general nursing care has found radical changes only in recent years.

## **Biography**

Elvana Fortuzi legal forensic nurse at the Pordenone Hospital in the intensive care unit. My knowledge of English is basic, but I have a good knowledge of the Albanian language. I like to ensure that our profession is considered for its great qualities and commitment; therefore, I am a member of the APSILEF association (Association of Italian Legal and Forensic Health Professions), playing the role of Regional Manager for the Province of Pordenone. I consider the projects we do in our department as a useful moment to create a group without forgetting our professional growth.

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