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## **WOMENS HEALTH AND MIDWIFERY**

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## The prevalence of gestational diabetes and type 2 diabetes postpartum

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This study aimed to investigate if antepartum teaching was beneficial to postpartum screening for early detection of type 2 diabetes. The effects of missed follow-up appointments could lead to undiagnosed type 2 diabetes following pregnancy. The literature reviewed studied barriers to postpartum follow-up appointments. A survey was created containing basic questions about demographics to an overall concept of type 2 diabetes. A total of 18 women in their second and third trimester from the state of Georgia were surveyed. It was determined that education in the antepartum was found to be beneficial to the empowerment of women attending postpartum screening for type 2 diabetes. The results suggest the need for further research to investigate the effects of antepartum teaching for early detection in postpartum screening for type 2 diabetes following gestational diabetes.

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