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The relationships between the male caregivers and the dependents persons

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Introduction: Nowadays the male caregivers have increased due to the social changes and the fewer women available to do this work. In addition, we must to have in mind that the caregiver's work is, also, a relational work, but there is so few information about this relationship.

Objectives: To know the relationship's characteristics between the men who take care of another dependents people in province of Seville and the city of Cadiz and the cared person.

Methodology: The methodology followed is a Qualitative Methodology with population of male family caregivers in the province of Seville and the city of Cadiz (Andalusia). Sample: 29 interviews. The units of analysis have been: family care, gender, health and masculinity. We have used QSR Nudist NVivo 10 for the qualitative analysis.

Outcome: Between the male caregivers and the cared person there is a circular relationship and complementary dependence. Such is the relationship that caregivers think they must always be with the dependents person and there is an increased emotional blackmail involved. We have observed situation with a conflict and, also, an excellent relationship. The caregivers say that the actual relationship depends on previous relationships. From their discussion we observed love, guilt and loneliness. When the caregiver is a partner love relationship is frequent but when the caregiver is son relationship is more frequent and confidence based.

Conclusions: Relationship with the person cared for is marked by previous experience and usually shows situations of dependence and power in both directions.

Biography

Maria José Polvillo Avilés has completed her Nursing Degree in 2007 in the University of Seville. She is a Specialist in Family Primary Nursing Care and in Geriatric Nursing. She has participated in more than 15 Congresses and now she is working in a project with public financing.

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