

Annual Congress on

## MIDWIFERY NURSING AND GYNAECOLOGY

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### *Tonya Fenzl*

*Sarasota OBGYN Associates & The Edna Adan Maternity Hospital, USA*

#### **The value of applied midwifery: Can we please start utilizing manipulation, rotation, and early pushing?**

Over time observing the labor of pregnant women and the styles employed by midwives in the process, there is a potential for improvement that has not been explored. This presentation is aimed at review of the tried-and-true labor process to gain clarity on the focus of promoting manipulation of the foetus and the maternal pelvis. This is in effort of increased successful vaginal birth over failed vaginal birth resulting in complications, Caesarean Birth, and potential morbidity. Comparison is made between American styles and the style used in Somaliland, which are vastly different, but both with failed deliveries and rising Caesarean birth and continued mortality associated with giving birth. Leaving many questions, this presentation explores the potential of manipulation to make a difference in the outcomes of rising Caesarean birth and continued maternal lives lost. Risk of manipulation include infection for both mother and child, fetal distress, persistent failed vaginal birth or progress. Further research needs to be conducted to fully explore manipulation as a trained technique for midwives in failing progress of labor.

#### **Biography**

Tonya Fenzl practices in Sarasota, Florida with a group of Midwives and physicians called Sarasota OBGYN Associates. She is a Certified Nurse Midwife with a background in labor and delivery nursing for over 25 years. She has had 7 years of midwifery so far and she taught nursing education for around 3 years. In that time, she has traveled to Haiti 4 times teaching Haitian women how to safely deliver themselves in their own homes and to Somaliland where she stayed for 1 month with my hero, Edna Adan and she learned from and taught her amazing midwives as they prepare to deliver babies all over Africa. She served on a team to provide emergent care to trafficking victims, She hold a patent for Ultrasound Gel with her personal business and she has written a book that is in the process of being published. She is passionate for women and babies.

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