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Thread lifting methods. Practical advices and techniques

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Introduction: In recent years, thread lifting methods are more frequently applied in practice of specialists in dermatology and aesthetic surgery. As of today, there are offered dozen and even hundreds of different threads and methods for face and body rejuvenation. frequently, the companies not even trouble themselves to teach the doctors offering them to purchase the products- threads not even thinking about any possible consequences.

Materials and methods: Advices offered by author are based on thread lifting methods application by group of the doctors during 20 years. There were researched results of different methods procedures more than for 300 patients for evaluation of given techniques effectiveness. During many years the technique of thread placing subcutaneously has been modified for more safe and effective methods application.

Results: As a result of longstanding work the author succeeded to gather all the features and details of threads application for face and body rejuvenation, to differentiate and to structure thread lifting process and to offer to colleagues practical advices and techniques in order to achieve the best results with application of majority of threads presented in the market.

Discussion and conclusion: Aim of presented work is to increase safety level of thread lifting application, to lighten doctors' work and to increase quality of derivable results as well.

Biography

A specialist in aesthetic surgery and aesthetic medicine was born in 1979 in Georgia. In 2002 he graduated from the Medical State University of Russia. In 2004 graduated from residency and in 2007 – from clinical studies of the Russian Scientific Surgery Center's (RAMS) departmen.

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