

5th World Congress on Psychiatry & Mental Health Nursing

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Tobacco Addiction: Nurse as Catalyst

Tobacco kills more than 8 million people each year. More than 7 million of those deaths are the result of direct tobacco use while around 1.2 million are the result of non-smokers being exposed to second-hand smoke. Over 80% of the world's 1.3 billion tobacco users live in low- and middle-income countries. To discuss the impact of tobacco addiction and how Nurses can be a catalyst in managing this wide spread issue and complications arising from this. Therefore the symposium is divided into 5 subtopics, Current issues in tobacco addiction, Tobacco uses in special populations, Post COVID-19 challenges in tobacco addiction, Psychosocial interventions in tobacco addiction, Relapse prevention strategies in tobacco addiction. It will be useful in planning and utilization of nurses in management of tobacco use disorders and prevention of the associated complications. Therefore, will be of interest to the delegates.

Biography

Sudha Mishra is working as Assistant Professor in Nursing, King George's Medical University, Lucknow, U.P. India. Specialty - Psychiatric Nursing Additional qualification -Diploma in Community psychiatry, Certificate course in Basic Addiction Psychiatry, and certificate course in perinatal psychiatry from NIMHANS, Bengaluru, India. Work Experience 11years Research Paper – Published 9 research paper in National and International Journals.

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