

## Annual Congress on

J Kidney Treat Diagn, Kresimir Galesic, Volume 06

# NEPHROLOGY & END-STAGE RENAL DISEASE ESRD

November 16, 2022 | Webinar

Received date: 04-08-2022 | Accepted date: 09-08-2022 | Published date: 26-12-2022

### Treatment of Anti-Neutrophil Cytoplasmatic Antibody (ANCA)-related vasculitis

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ANCA-associated vasculitis is a well-known clinico-pathological group of systemic diseases comprising microscopic poliangiitis, granulomatosis with poliangiitis and eosinophilic granulomatosis with poliangiitis. ANCA-associated vasculitis is very often the cause of acute renal failure. This lecture shows contemporary treatment of these diseases with extensive literature review.

Stepwise treatment of ANCA-associated vasculitis is divided in induction therapy and remission maintenance therapy. Standard Induction Therapy is a combination of glucocorticoids and cyclophosphamide and plasma exchange. Studies that are more recent have shown that rituximab is as effective as cyclophosphamide for induction therapy in patients with newly diagnosed severe ANCA vasculitis and superior for patients with relapsing ANCA vasculitis. In Maintenace Therapy, combination of low-dose glucocorticoids and azathioprine or methotrexate is used. There is also accumulating evidence indicating potential role of rituximab for maintenance therapy in ANCA vasculitis. Leading immunology and nephrology associations developed treatment guidelines. Since ANCA-associated vasculitis is relatively rare diseases, there are a lot randomized controlled studies to provide high level of evidence and treatment recommendations. Avacopan, an orally selective C5a receptor inhibitor was effective in replacing high-dose glucocorticoids in treating vasculitis.

Most patients achieve remission, but relapses often occur. The main treatment considerations, apart from frequently relapsing disease, are disease refractory to treatment and potentially harmful effects of immunosuppressants, especially cyclophosphamide. Future studies are needed to determine the effects of less toxic immunosuppressants, mainly rituximab.

#### **Recent Publications:**

- 1. Galesic K, Ljubanovic D, Horvatic I. Treatment of renal manifestations of ANCA associated Vasculitis. J Nephropathology. 2013; 2(1): 6-19. DOI: 10.5812/nephropathol.8971
- 2. Galesić K, Sabljar-Matovinović M, Prkacin I, Kovacević-Vojtusek I. Dijabeticka nefropatija i primarne bolesti glomerula [Diabetic nephropathy and primary glomarular diseases]. Lijec Vjesn. 2009 May-Jun;131(5-6):141-5. Croatian. PMID: 19642534
- 3. KRESIMIR GALESIC, BORKA BOZIC, IVANA RACIC, MIRA SCUKANEC-SPOLJAR Thrombotic microangiopathy associated with  $\alpha$ -interferon therapy for chronic myeloid leukaemia (Case Report)//doi.org/10.1111/j.1440-1797.2006.00524.x.

#### **Biography**

Kresimir Galesic is Working in University Centre Zagreb he Completed Doctor of medicine in the department of Neurology, Croatia.

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