

**27<sup>th</sup> EURO DENTISTRY CONGRESS**

&

27<sup>th</sup> Global Summit Expo on

**DENTAL SCIENCE AND DENTAL PRACTICE**

July 15-16, 2019 | London, UK



## *Amy Dayries-Ling*

*Whole Healing Dental, USA*

### **Whole body health conversations to have with patients during their next dental appointment**

**S**tatement of the Problem: Many dental patients exhibit oral signs that are telling of systemic health problems. A review of how closely mouth inflammation is related to cardiovascular disease, diabetes, kidney disease and sleep apnea will be reviewed. Current protocols from the United States on efficiently screening patients for systemic diseases and recognizing sleep issues during a dental appointment will be reviewed. This approach to dentistry can empower a patient to better understand how their life choices can lead them down a road to chronic disease and help them to develop strategies that can create better overall health and wellness. With much of the public struggling to finance preventative health care and having an education on what supports health, this lecture will strategize how the dental professional can positively create a significant impact on the overall health of their patient, which leads to longevity of dental health. Here is an example of one graphic to be used in the power point presentation.

#### **Biography**

Amy Dayries practices general dentistry near Atlanta, Georgia, U.S.A., where she has been in private practice for 23 years. Dr. Dayries also hosts The Whole Healing Radio Show through the United Intentions Media Network. In the past, she has written articles on health topics for a periodical called Country Club Living. Dayries is the first dentist to graduate from the 2-year Inter-professional Fellowship Program in Integrative Medicine offered at the Academy of Integrative Health and Medicine, and she previously attended the Medical College of Georgia School of Dentistry and Emory University. While upholding western dental school teachings and what ongoing medical research proves effective, Dr. Dayries supports integrative and functional medicine approaches to health.

[Amy@WholeHealingDental.com](mailto:Amy@WholeHealingDental.com)