

## A Cannabis Compass for the Cancer Journey

Penny Daugherty

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**ABSTRACT:** This presentation was developed in response to the many questions posed to me by navigator colleagues, patients and physicians about the veracity of medicinal cannabis as an adjuvant to cancer treatment. It became obvious to me that there is a crucial need for accurate, evidence-based factual information to empower navigators to disseminate to their patients as well as patients being empowered with credible data, with which to base their treatment choices upon as well as avoiding poor choices which could be detrimental to their care, their experience along their journey as well as their pocketbook.

The essential question is how can Cannabis provide quality of life for a

cancer patient with an emphasis on restoring joy and re-actualization to a sense of self?

The value of Cannabis used for symptom management, including pain, anorexia, depression and sexual issues will be explored with expert experience and case studies overview. Oncology Nurse Navigation has demonstrated benefits for patients at risk for or diagnosed with cancer. Benefits include shorter time to diagnosis and treatment, increased patient and caregiver knowledge, better adherence to care, and improved quality of life. Now these navigators have an additional tool; Cannabis.

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### Biography:-

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