Case Report

A case report on double ureter and accessory renal artery

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Abstract

Structural variations of the kidneys, ureters and the vessels are not uncommon. Whereas, during the routine dissection of the abdomen it was found that the left kidney had double ureter and they were fused at their termination with a single ureteric orifice in the interior of the urinary bladder. Apart from this variation, an aberrant accessory renal artery was also found on the left side close to the lower pole of the kidney. In our study of about 120 specimens observed in Anatomy Department from 2004 to 2012, this type of combination of variations was found only once, hence presented for its clinical importance.


Key words [kidney] [double ureter] [accessory renal artery] [fusion of ureters] [unilateral fusion]

Introduction

Ureters are muscular tubes which convey urine from kidneys to the urinary bladder through their peristaltic contractions. Generally each kidney has one ureter, one artery and one vein. Double ureter has been reported by various authors with prevalence of 0.1% to 4% [1–4]. Double ureter and duplex system reported in the literature time and again have potential for future complications such as collecting system obstruction, lithiasis, ureterocele and vesicourethral reflex [5–6]. In addition to this, vascularization of kidney may be one of the interesting topics for both anatomists and surgeons. Variations in number and arrangement of renal arteries and their branches are not uncommon. These variations in ureters and renal arteries are of immense importance because of their implications in various renal transplantations and surgeries. Thus the knowledge of these variations could help the clinicians in recognition and protection.

Case Report

During the routine dissection in an adult male cadaver, it was observed that two ureters were present in hilum of the left kidney. One ureter was towards the upper pole and connected to one major calyx and five minor calyces. Other ureter was towards the lower pole and connected to one major calyx and six minor calyces as shown in Figure 1. It was also observed that the ureters were fused just above their termination and there was a single left ureteric orifice in the interior of urinary bladder as shown in Figure 2.

Apart from the above variation, an accessory renal artery was found close to the lower pole of the left kidney. This accessory renal artery was anterior to the ureter. The accessory artery was arising from the abdominal aorta at the level of L3 vertebral body as shown in the Figures 3 and 4.

Discussion

Double Ureter

Double ureter is due to early splitting of the ureteric bud into two parts before penetrating the metanephric blastema resulting in partial or sub-total duplication of the ureter [7]. Park et al. reported that ureteropelvic junction obstruction is usually intrinsic and is most common in children. Aberrant renal arteries are present in about 30% of individuals. Aberrant renal arteries to the inferior pole cross anteriorly to the ureter and may cause hydronephrosis [8]. Thomas et al. stated that duplex kidney refers to two ureters draining one kidney and is most common in 1 in 160 anomaly of upper collecting system [2]. Zachary and Alexander mentioned that duplicated renal collecting system occur in approximately 1–2 % of population [4]. Khan, et al. stated that worldwide incidence of duplicating system is 12–15 % in general.
Double ureter and accessory renal artery

Dhar and Lal stated that the accessory artery when present invariably crossed the anterior aspect of the ureter [10]. Ureteric bud secretes proteins FGF2 and BMP7 which induce and stimulate proliferation of metanephric mesenchyme. In turn, mesenchyme produces GDNF and HGF. These proteins stimulate branching and growth of ureteric bud by activating the tyrosine kinase receptors, which are synthesized by the epithelium of ureteric bud [11].

Accessory Renal Artery

During their ascent the kidneys receive blood supply from arteries at progressively higher levels until definitive renal arteries develop at L2 vertebral level. Arteries formed during the ascent may persist as supernumerary arteries. Accessory renal arteries usually arise from aorta superior or inferior to the main renal artery and follow it to the hilum. Accessory renal artery may enter the kidney usually towards the superior or inferior pole. Accessory renal artery in inferior pole may cross anterior to the ureter and obstruct it causing hydronephrosis.

Figure 1. Double ureters towards the upper and lower poles. (1: ureter towards the upper pole; 2: ureter towards the lower pole)

Figure 2. Fusion of ureters at the ureteric orifice of the bladder. (White arrowhead: undivided part of the ureter)

Figure 3. Accessory renal artery in left kidney. (LK: left kidney; ARA: accessory renal artery; U1: ureter-1; U2: ureter-2)

Figure 4. Closer view of the accessory renal artery (ARA) in left kidney.
It is important to remember that accessory arteries are end-arteries; damage or ligation may lead to ischaemia of the part of the kidney supplied by the particular accessory artery [11–12]. Singh et al. stated that accessory renal arteries are found frequently more often on left side occurring in as high as 30 to 35% of cases. These arteries usually enter the upper or lower poles of kidney [13]. Bordei et al. found that accessory renal arteries are passing to inferior poles twice that passing to upper pole. They also mentioned that double renal arteries might co-exist with other urovascular variants such as double renal veins and double ureters on the same side [3].

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