

## **A study of utilization of community meeting as an interactive strategy in Drugs Addiction Treatment**

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### **ABSTRACT**

People are universally the same however, some peculiarities define their geographical location. In a drug facility in Nigeria community meeting has been an effective strategy in drug addiction treatment for identifying and addressing motivation in the treatment, insight and judgment, self-esteem, psychotic symptoms, readiness for treatment etc. The components of community meeting significantly facilitate effective transition in stages of change, this research gathered information from various meetings. The study also obtained information about substance use from files of 211 participants previously admitted from 2014 - 2018 and descriptive statistics using SPSS version 20 was utilized in the analysis, the analysis show that male were predominant at 91.9% with a mean 1.08, 24.6% primary drugs of abuse is alcohol and the most common substance abused at 29%, clients admitted with psychotic symptoms were 47.9% and 29% common problematic substance is cannabis and 65% of them are within the ages of 21-30 years, while 45% of them have used other psychoactive substances like opioids and cocaine. Finding from this study is that community meeting gives people living with addiction the opportunity to learn, introspect, express, and adapt to techniques of living a drug free life more effectively. It is the only gathering that allows both psychotic and non psychotic clients interact freely and respectfully given way to teaching, learning and mentoring. The researchers therefore, suggest that though drug problems may not vary however, the approach to addressing this problem should be tailored in ways that reflects the people and their culture.



### **BIOGRAPHY**

Nevin Terry Haa is Clinical Psychologist and an expert on drug addiction counselling with many years of experience working in Centre for Addiction Treatment and Research Vom, He is trained on drug addiction assessment and Management by United Nation Office on Drug and Crime (UNODC) and Universal Treatment Curriculum (UTC). He trains young undergraduate university students on drug addiction. He has presented Papers on drug addiction in different International conferences sponsored by UNODC and published papers in reputable Journals.

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