

Can the Mother's Diet Influence the Infant's Colic?

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ABSTRACT: Introduction: Infantile colic is a behavioural syndrome of early childhood that is associated with irritability and crying. It self-resolves, but may lead to significant parental strife. The etiology is unknown; however, several investigators have examined the effect of nutrition on infantile colic. According to traditional Chinese medicine (TCM), infant's colic is associated with entrance of cold through the umbilicus and cold energy diet eaten by the mother, leading to cold energy entrance in the infant's body, leading to the colic symptoms. Purpose of this study is to demonstrate that diet did by the infant's mother is influencing the colic development and the orientation of the mother's diet is important to prevent the entrance of the cold energy inside the baby's body, leading to the colic in infants. Methods:

one case report of a new born, who was crying for several hours during the day and night leading to the exhaustion state of the parents that were very tired because the situation. They sought for TCM treatment for it and the doctor advised to the mother avoid cold water, raw foods, dairy products, and sweets. Raw foods consisted in cook or bake all vegetables and fruits with exceptions of apple, papaya and matte tea. The doctor also applied auricular acupuncture in the baby's ear. Results: In the same week after doing these kinds of treatment, the baby stopped to cry and was more calm. Conclusion of this study is that baby's colic may be linked to the mother's diet according to this case report.

Biography:-

Huang Wei Ling, born in Taiwan, raised and graduated in medicine in Brazil, specialist in infectious and parasitic diseases, a General Practitioner and Parenteral and Enteral Medical Nutrition Therapist. Once in charge of the Hospital Infection Control Service of the City of Franca's General Hospital, she was responsible for the control of all prescribed antimicrobial medication and received an award for the best paper presented at the Brazilian Hospital Infection Control Congress in 1998. Since 1997, she has been presenting her work worldwide, working with the approach and treatment of all diseases of all systems of the human body in a holistic way, with treatment guided through the teachings of Traditional Chinese Medicine and Hippocrates..

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