

Cannabinoids and Human Immunocompetence: A Comprehensive Review

Wayne J. M. Karim

ABSTRACT:

Definition of Palliative care:

“Palliative care is an approach that improves the quality of life of patients and their families facing the problem associated with life-threatening illness, through the prevention and relief of suffering by interdisciplinary team taking into consideration physiological, psychosocial, and spiritual needs”. Suffering: Suffering is loss of meaning. Suffering occurs when there is a gap between expectation and reality.

Principles of palliative care:

Focus on quality rather than quantity of life. Effective communication at all levels. Respect for autonomy and choice. Effective symptom management. Holistic, multi-professional approach. Caring about the person and family. It is the right of the patients not to feel pain, suffering or fear at all stages of

the disease: Palliative care is adding life to days. NOT adding days to life. It is the right of the patients not to feel pain, suffering or fear at all stages of the disease. Holistic approach is essential for the relief of suffering.

Pain Management:

Pain is an important and under-treated symptom of life-threatening illness. Correct use of analgesic medication, following the guidelines of the WHO step ladder, with the addition of adjuvant analgesics, should control the pain in nearly all cases. Attention should also be given to other aspects of pain, psychosocial or spiritual; sometimes called “total pain”. Bringing pain under control and keeping it there means assessing each aspect of pain and monitoring it. These are core skills of palliative care doctors and nurses. Medications are the foundation of pain control. Anti-inflammatory, anti-depressant and steroid medication may also have a complementary role for some patients and some sources of pain. Complementary measures are used as well as medical treatments.

Biography:-

Wayne J. M. Karim, Chief Scientific Officer, Chief Operations Officer at Cweed LLC

Citation: Wayne J. M. Karim : Cannabinoids and Human Immunocompetence: A Comprehensive Review : Gene Therapy
2021 : February 26 | London, UK.

Chief Scientific Officer, Chief Operations Officer at Cweed LLC



This open-access article is distributed under the terms of the Creative Commons Attribution Non-Commercial License (CC BY-NC) (<http://creativecommons.org/licenses/by-nc/4.0/>), which permits reuse, distribution and reproduction of the article, provided that the original work is properly cited and the reuse is restricted to noncommercial purposes. For commercial reuse, contact reprints@pulsus.com