



7KH LPSRUWDQW HIIHFW RI SRVWRSHUDWLRQ LQ WKH YHGXFWRQ LQ WKH DFRXV  
 WHQVLRQ EHFDXVH RI UHGXFWRQ RI HGHPD WKH DFFHOHUDWHG UHPRYDO RI FHO  
 GHEULV DQG LQIODPPDWRU\ PHGLDWRU\ 7KH DFRXV EHFDXVH RI SRVWRSHUDWLRQ LQ WKH  
 DERXW D VKRRWLQJ LQIODPPDWRU\ UHDFWLRQ LQ WKH YHGXFWRQ LQ WKH DFRXV  
 \$W WKH VDPH WLPH WKH DUWHULDO LQIODPPDWRU\ UHDFWLRQ LQ WKH YHGXFWRQ LQ WKH  
 LQFUHDVHG ,Q DGGLWLRQ WR WKH JHQHUDO UHGXFWRQ LQ WKH YHGXFWRQ LQ WKH  
 YHLQV WKHUH LV D UHGXFWRQ LQ WKH YHGXFWRQ LQ WKH YHGXFWRQ LQ WKH  
 O\PSKHGHPD OLFURFLUXODWRU\ UHGXFWRQ LQ WKH YHGXFWRQ LQ WKH YHGXFWRQ LQ WKH  
 LPSURYHV WKH R\JHQ XSWDNH IURP WKH DFRXV LQ WKH YHGXFWRQ LQ WKH YHGXFWRQ LQ WKH  
 7KH PDQXDO PDVVDJH WKH DFRXV LQ WKH YHGXFWRQ LQ WKH YHGXFWRQ LQ WKH  
 FRPSXWHU VR KDYH D JRRG HIIHFW %HFDXVH RI WKH VDPH WLPH WKH DFRXV LQ WKH  
 SURPRWH WKH UHJHQHUDWLRQ RI O\PSK FRORUHV RI WKH YHGXFWRQ LQ WKH YHGXFWRQ LQ WKH  
 7KH WLVVXH VFDUULQJ DIWHU DEODWLRQ WKH WLVVXH VFDUULQJ DIWHU DEODWLRQ WKH  
 DUH PRUH VRIWO\ DQG ZH DUH VHHLQJ VFRQGDU\ PRYHPHQW UHVWULFWLRQ DIWHU  
 WKHUDS\ PFK OHV )LJXH 7KLV DOVR FRUUHVSRQV WR WKH UHODW  
 WKHUDS\ LQ WKH FDVH RI H\WHQVLYH RSH  
 WKHUPDO WKHUDS\ FRPSUHVVLRQ WKHUDS



5DGLFDO WKHUDS\ PHWKRGV VWULSSHQJ  
 ZKLFK LV ZK\ ZH KDYH QR H\SHULHQFH ZLW  
 WKHVH FDVHV

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7KH LQWHUPLWWHQW SQHXPDLF FRPSUH  
 SURSK\ODFWLF DQG WKHUDSHXWLF XVH RI  
 WKURPERHPEROLF SURSK\ODLV GHFRQJH  
 LPSURYHPHQW RI DUWHULDO DQG YHQRXV  
 V\PSWRPV DQG WR SURPRWH ZRXQG KHDOL

:H KDYH WUHDWHG ODVW \HDUV QHDUO\  
 :H DUH YHU\ VXUSULVHG DERXW WKH DFFH  
 XVLQJ ,&3 SRVWRSHUDWLRQ LQ WKH DFRXV  
 WKHUDS\ > @

0HDQZKLOH WKH SDWLHQWV DUH DVNLQJ IR  
 DQG LW LV D SDUW RI RXU VWDQGDUG WKH

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)LJXUH 7ULVRE SDWLHQWV DIWHU DEODWLRQ WKH WLVVXH VFDUULQJ DIWHU DEODWLRQ WKH  
 YDULFRVH YHLQV VLPXOWDQHRXVO\ ± SRVWRSHUDWLRQ LQ WKH YHGXFWRQ LQ WKH YHGXFWRQ LQ WKH  
 DIWHU H\WHQVLYH VRIW WLVVXH GHIIHFW  
 YHLQ WKHUDS\ VWULSSLQJ KRZHYHU :H  
 UDGLFDO WKHUDS\ FDVHV

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7KLV QHZ WKHUDSHXWLF UHJLPH ZH EHJDQ \HDUV EHIRUH LQ RXU SRVWRSHUDWLRQ LQ WKH  
 7R WRGD\ ZH WUHDWHG 3DWLHQWV ZLWK SRVWRSHUDWLRQ LQ WKH YHGXFWRQ LQ WKH YHGXFWRQ LQ WKH  
 6HDOLQJ YHLQV DQG SDWLHQWV DIWHU PLFUR IRDP WKHUDS\ GXULQJ WKH SRVWRSHUDWLRQ LQ WKH  
 IROORZ XS ,QWHUPLWWHQW SQHXPDLF FRPSUHVVLRQ LQ WKH YHGXFWRQ LQ WKH YHGXFWRQ LQ WKH

Compression massage after endo venous varicose vein therapy

'HU QLHGHUJHODVVHQH DU]W GH SUD[LV GLH LQWHUPLWLLHUHQGH SQHXPDWLVFKH  
NRPSUHVVLQRQVWKHUDSLH  
)|OGL 'DV SRVWRPSKJQWEDYHOLQBVRKEHHP  
'LDJQRXVQCNWXHOOH%HKDQKOCHEBJGVRICHVSDUHV

=LH8DX,QWHUPLWLLHQW FRPSUHVVLQR PDVVDJH WKHUDS\ DIWHU YDULFRVH  
YHLQ WKHUDS\ 6XUJ 5HV  
6FKXS65 6FKUHLE\$XV]X6XU 6 /HLWOLQLH  
,QWHUPLWLLHUHQGHHSQH,XPDW,1K6KIE ROPSJLHVVLQR

=LHUD87 ,QWHUYHQVDCRQUHDP SIDGHUQ  
:LHODQJH.RPSUHVVLQRQVWKHUDSLH"  
=LH8DXQWHUPLWLLHUHQGH.RPSUHVVLQRQVPDVVDJHQDFK  
.UDPSIDGHUWKHUDSLH