



Dual Plane Threadlift: Innovative technique for longer effects

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Abstract:

Background: Thread facelift is one of the commonest procedures in cosmetic dermatology. There are various techniques and materials used in thread facelift.

Purpose: To develop a new practical 'dual plane' threads facelift technique

Method: The finer threads are (barbed) are inserted sub dermally and the thicker ones (cones) are placed in sub-cutaneous plane.

Result: The dual-plane thread-lift technique provides a more anatomical lift addressing the main areas. The effect obtained as a result of this technique last longer. The patient satisfaction was very high.

Conclusion: The current bi-planer (bi-level) technique of thread-lift provides longer tissue response at different levels. This higher tissue response results in longer-lasting results. The superficial threads also pose advantage that it lies on the stiffer base underneath. The post operative results are better than single-layer or uni-layer thread-lift.

Biography

Dr Muhammad Ahmad graduated in 1997. He is the only surgeon in history of Pakistan to present a new classification system for documenting male pattern baldness, named as "Ahmad's NPRT system". His classification on scalp hair distribution (LGMA classification) is the unique and presented first time in the history. He has developed his own Scar Assessment Scale (Ahmad's Scar Scale) published and presented in National & International conferences and Journals. He is the first surgeon in the world to develop Ahmad's Hair Transplant Assessment Scale and First Comprehensive classification of Hair Transection.



Dr Ahmad is the Editor of Pakistan Journal of Plastic Surgery (Pakistan), Journal of Plastic Surgery and Cosmetology (USA) and Newsletter of Asian Association of Hair Restoration Surgeons (AAHRS). He is also a Reviewer and Editorial Board Member of various of various International Journals.

Recent Publications:

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