

Dual Plane Threadlift: Innovative technique for longer effects

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Background: Thread facelift is one of the commonest procedures in cosmetic dermatology. There are various techniques and materials used in thread facelift.

Purpose: To develop a new practical 'dual plane' thread facelift technique

Method: The finer threads are (barbed) are inserted subdermally and the thicker ones (cones) are placed in subcutaneous plane.

Result: The dual-plane thread-lift technique provides a more anatomical lift addressing the main areas. The effect obtained as a result of this technique last longer. The patient satisfaction was very high.

Conclusion: The current bi-planer (bi-level) technique of thread-lift provides longer tissue response at different levels. This higher tissue response results in longer-lasting results. The superficial threads also pose advantage that it lies on the stiffer base underneath. The post operative results are better than single-layer or uni-layer thread-lift.

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