

# Enhance your Knowledge at Mental Health and Psychology 2020

James Martins

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### Why Paris?

Paris is the [cosmopolitan](#) capital of France and one of the largest cities of Europe with 2,2 million inhabitants living in the dense and central town and nearly 12 million inhabitants throughout the metropolis. Situated on the Seine in the north of France, Paris has the well-established reputation of being the most glamorous and romantic of all the cities and still has a strong impact on music, architecture, fashion, food and design. City of fashion (the city of Dubbed, the city of light). The city has the second largest number of Michelin restaurants (after Tokyo) in the world and features many famous sights, including the world's largest tourism destination, the Eiffel Tower, Arc de Triomphe, Notre-Dame Cathedral, the Louvre Museum, Moulin Rouge and Lido

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### Survey: Americans Becoming More Open About Mental Health

According to the results of a survey by The Harris Poll on behalf of the American Psychological Association, many Americans hold good attitudes on [mental health](#) disorders and care.

A maximum of 87% of American adults agreed that [psychiatric disorder](#) is nothing to be dismayed about, and 86% said they felt mental health disorders could do better, according to the survey



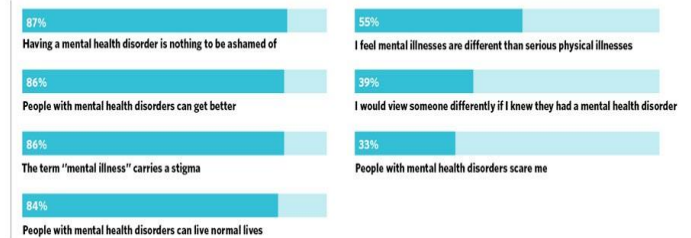
87% of American adults agreed that having a mental health disorder is nothing to be ashamed of.



86% of American adults said they believe that people with mental health disorders can get better.

### ATTITUDES TOWARD MENTAL HEALTH DISORDERS

% strongly/somewhat agree



"The results of this survey are encouraging, and a sign that the work of APA and others to promote [mental health](#) is paying off throughout the years," said Arthur C. Evans Jr., CEO of APA, PhD. "They display a more open attitude to [mental disorders](#) and a strong belief among older people that mental disorders are nothing to be ashamed of."

-Journal of Clinical psychiatry and Neuroscience

-Psychiatry and Mental Health Research

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